### **Smart spending & Payment basics**

### Newsletter

**Title: Your HSA can pay**

The IRS allows health savings account (HSA) dollars to be used for medical, dental, vision, and prescription costs, plus a whole lot more.1 Check out [our interactive list medical expenses](https://learn.healthequity.com/qme/) {link text to: <https://learn.healthequity.com/QME/>} to see what’s eligible, or download our list of the Top 10 HSA Eligible Expenses {link to: “Smart spending flyer” found in “Get to Know Your HSA – Smart Spending” folder of Package 1 downloads}.

[call out] **Pro tip:** You can now use your HSA to pay for over-the-counter medicines and menstrual care products.

1 HSAs are never taxed at a federal income tax level when used appropriately for qualified medical expenses. Also, most states recognize HSA funds as tax-free with very few exceptions. Please consult a tax advisor regarding your state’s specific rules.

HealthEquity does not provide legal, tax or financial advice. Always consult a professional when making life changing decisions.